

## **COPD – recent developments and state-of-the-art 2025**

**Full day symposium at HOCH Health Ostschweiz, Kantonsspital St. Gallen  
Haus 39, Auditorium, 13. November 2025**

### **Scientific committee**

Kantonsspital St. Gallen:

Prof. Dr. Dr. Martin Brutsche

PD Dr. Frank Rassouli

PD Dr. Maximilian Bösch

Mayo Clinic, Rochester:

Prof. Dr. Sanjay Kalra

### **Program**

08.00

**Registration**

08.30

**Welcome address**

Martin Brutsche, Kantonsspital St.Gallen, Lungenzentrum

### **Part 1: Pathophysiology**

Chairs: Frank Rassouli & Mark Wylam

08.45

**Small Airways Disease**

TBD

09.30

**The role of the microbiome in COPD**

Werner Albrich

10.00

Coffee break

### **Part 2: Workshops à 30 min each (3 times, 10.30-12.00)**

- **The patient perspective**

Lungenliga: Claudia Akermann & Svenja Beck

- **PFT and CPET-Quiz**

Carolin Hesse & Aleksanders Canajevs

- **Role and uptake of telehealthcare**

Maximilian Bösch

12.15

Lunch break

**Part 3: State of the art**

Chairs: Susanne Pohle & Otto Schoch

- |       |                                                       |
|-------|-------------------------------------------------------|
| 13.30 | <b>GOLD – state of the art</b><br>Frank Rassouli      |
| 14.00 | <b>Interventional treatments</b><br>Tino Schneider    |
| 14.30 | <b>Exercise and training concepts</b><br>Marco Laures |
| 15.00 | Coffee Break                                          |

**Part 4: Specific situations**

Chairs: Sanjay Kalra & Martin Brutsche

- |       |                                                                            |
|-------|----------------------------------------------------------------------------|
| 15.30 | <b>Predispositions for COPD in childhood and adolescence</b><br>Mark Wylam |
| 16.00 | <b>Going high with COPD</b><br>Otto Schoch                                 |
| 16:30 | <b>Round table</b><br>Faculty                                              |
| 17.00 | <b>Closing remarks</b><br>Martin Brutsche                                  |

**Sponsors:**

